

Mindcamp  
Canada

Wabi-sabi

22-26 August 2018

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# Participants

Alexander Moser (UK)	Dale Peters (Canada)	Janet Rouss (Canada)
Alexander von Reumont (Germany)	Dan Bigonesse (Canada)	Jay Aquilanti (USA)
Alexandre Eisenchteter (France)	Darren Chapman (Canada)	Jeff Ringenberg (USA)
Alina Isaac (Canada)	Dawn DePasquale (USA)	Jennifer O'Leary (Canada)
Alison Cohen (Canada)	Deborah Jann (Canada)	Jens Hoffmann (Germany)
Allan Cole (USA)	Deepika Grover (Canada)	Jerome Faytre (France)
Ana Matic (Canada)	Denise Pinto (Canada)	Jerrold McGrath (Canada)
Anaïs Poinset (France)	Deron Essex (USA)	Jim Ridge (Canada)
Anik April (maybe) (Canada)	Donny Tusler (USA)	Joaquin Muñoz (Chile)
Ann-Marie Kong (Canada)	Dorte Nielsen (Denmark)	Jocelyn Tejeda (USA)
Anthony Hyatt (USA)	Doug Carter (Canada)	Joe Gammal (USA)
Ashley Da Silva (Canada)	Edouard Le Marechal (France)	Johan Majlov (USA)
Aurora Grace Grover-Loeppky (Canada)	Emily Elster (Germany)	John Sedgwick (Canada)
Ayla Larzabal Zavitz (Canada)	Emily Green (Canada)	Julia Zarina (Canada)
Bert Rossouw (South Africa)	Emily May (USA)	Julieta McPherson (USA)
Beto Santos-Pyne (Canada)	Emily Nichols (Canada)	Karen Rudolf (USA)
Brad Wong (Canada)	Emily White (USA)	Karin Vagiste (Canada)
Branwen Hurson (Canada)	Erin Dixon (Canada)	Katherine Molnar (Canada)
Bridgette Carr (USA)	Esther Poinset (France)	Katie Shim (Canada)
Bruce Baum (USA)	Flora Finocchiaro (Italy)	Katie Tagye (USA)
Cameron Bates (Canada)	Franca Leeson (Canada)	Katrin Elster (Germany)
Carole Rudzinski (Canada)	Gerald Nolan (Canada)	Kaz Ogino (Canada)
Catherine Dine (Canada)	Gina Paigen (USA)	Keon Azari-Vala (Canada)
Celeste Cairns (Canada)	Ginny Santos (Canada)	Kristen Peterson (USA)
Chiara Micalizzi (Italy)	Giselle Kovary (Canada)	Kristina Drake (Canada)
Cindy Siener-Baum (USA)	Goran Matic (Canada)	Kristina Osterman (Canada)
Clara Kluk (Mexico)	Graham McAnanama (Canada)	Latise Hairston (USA)
Clare Dus (USA)	Greg English (Canada)	Laura Barbero Switalski (USA)
Claudia Ebring (Chile)	Grover Neville (USA)	Laurie Flasko (Canada)
Cody Nairn (Canada)	Guillemette Goglio (France)	Lee Kitchen (USA)
Colin Read (Canada)	Hannah Segal (Canada)	Leonardo Muñoz (Chile)
Corentin Keshavarz Ebtehaji (France)	Howard Wiggs (USA)	Linda Wiggs (USA)
Courtney Kazembe (Canada)	Ian Poinset (France)	Lisa Baxter (UK)
Curtis Dueck (Canada)	Ismet Mamnoon (USA)	Lisa Henderson (USA)
	Jake Kent (USA)	Lorenzo Goglio (France)
	James McAnanama (Canada)	Lynne Lamarche (Canada)
	Janeen Halliwell (Canada)	Maggie Dugan (Spain)

Marc Hurwitz (Canada)	Sebastien Giroux (Canada)
Maria Cordeiro (Canada)	Sharon Fisher (USA)
Mariana Muñoz (Chile)	Shelly Withrow (USA)
Marianne Poinset (France)	Sherri Cairns (Canada)
Marjolein Hutting (Netherlands)	Shirley Wildenbeest (Canada)
Mary Elyn Vicksta (USA)	Sol Santos-Pyne (Canada)
Massimo Agostinelli (Canada)	Sophie Harvey (Canada)
Mathial Keshavarz Ebtehaji (France)	Stephanie Richards (USA)
Matias Larzabal (Canada)	Stephen Preece (Canada)
Matteo Catullo (Italy)	Stephen Walling (Canada)
Matthew McAnanama (Canada)	Steven Shama (USA)
Megan Mitchell (Canada)	Sun Mateo Larzabal Zavitz (Canada)
Michelle Auerbach (USA)	Susannah Childers (USA)
Michelle Tokarczyk (USA)	Suzanne Ballew (USA)
Molly Dugan (Spain)	Sylvain Rouillard (Canada)
Natalia Baltazar (UK)	Tamara Christensen (USA)
Navid Rahman (Canada)	Terri Segal (Canada)
Nicole Dobinson (Canada)	Tim Dunne (Spain)
Nicole Velik (Australia)	Tim Hurson (Canada)
Nooshin Mohtashami (Canada)	Tim Switalski (USA)
Olga Petrik (Canada)	Toni Arpaia (USA)
Patricia Smith (USA)	Tristan Keshavarz Ebtehaji (France)
Paul Fleming (Canada)	Tzabia Siegel (Canada)
Paul Groncki (USA)	Valary Navarette (Canada)
Peter Scott (Canada)	Vareia Boxill (Canada)
Peter Zapf (USA)	Vesna Vukovic-Dzodan (Canada)
Petra Mutch (Canada)	Wayne Childers (USA)
Philippe Brasseur (Belgium)	William Sturner (USA)
Renee Paser-Paull (USA)	Yvane Piolet (France)
Rich DiGirolamo (USA)	
Rita Neri (USA)	
Robert Anagnostopoulos (Canada)	
Robert Wakulat (Canada)	
Rosemarie Harris (Canada)	
Ruby Dugan (Spain)	
Samantha Hurwitz (Canada)	
Samantha Yarwood (Canada)	

# Schedule

## Arrival Day: Wednesday

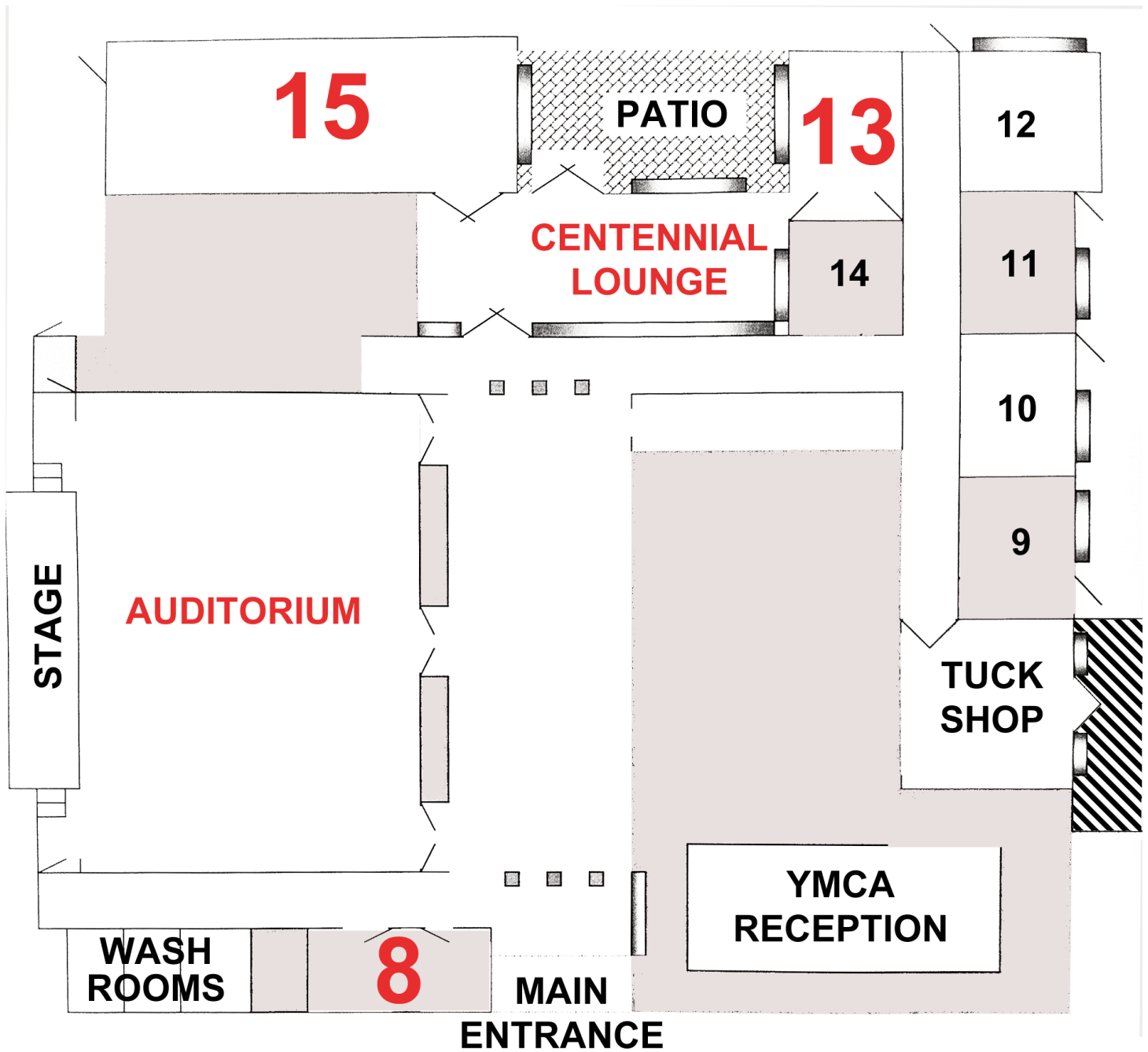
3:00pm	Registration - Free Time - Explore!
4:45pm	Kids meet in The Hub
5:00pm	Opening Plenary – meet in Auditorium
6:30pm	Supper - Geneva Court Dining Hall
8:00pm	Concurrent sessions
9:30pm	Pub – Campfire - Play!

## Departure Day: Sunday

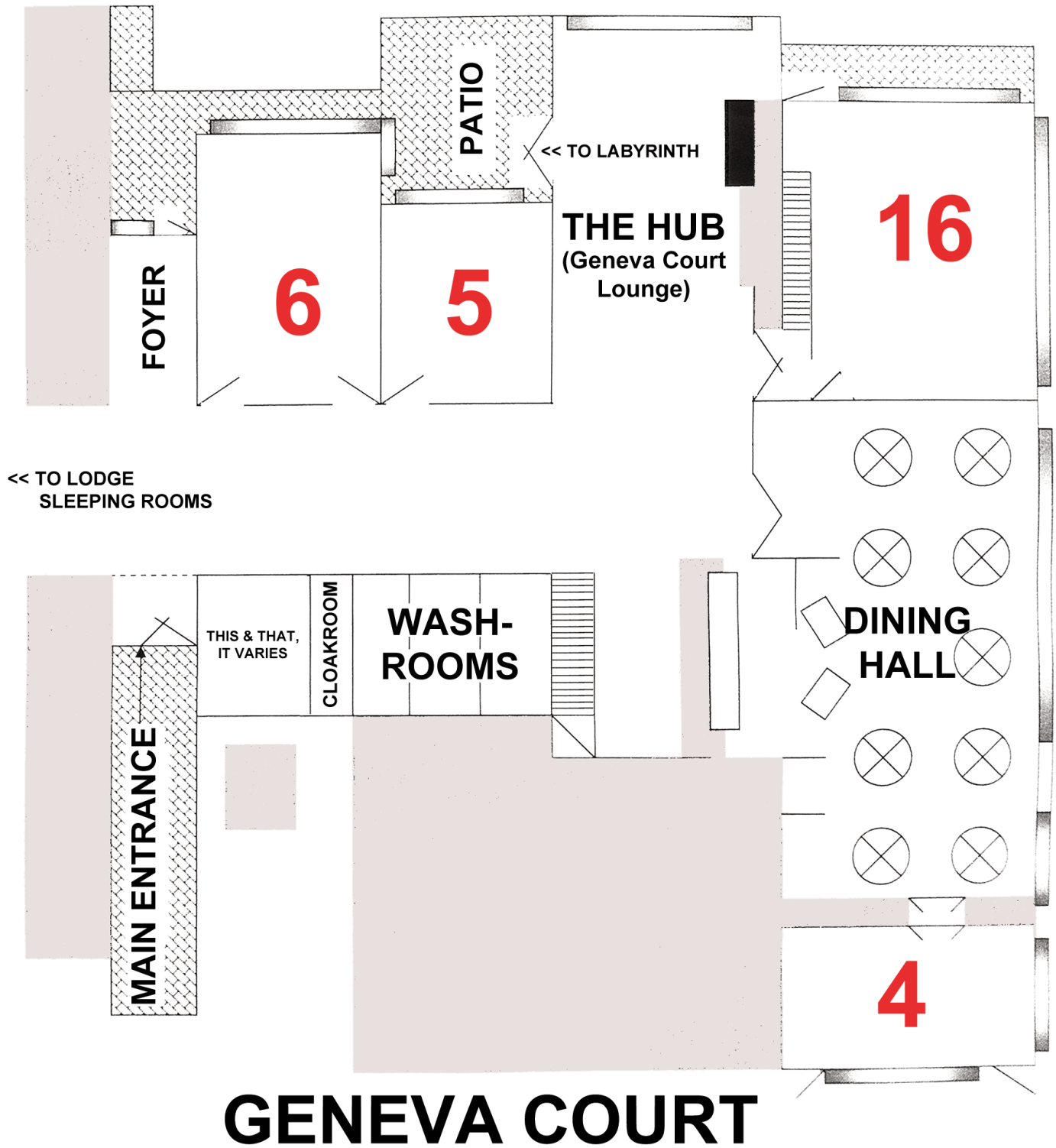
7:00am	Early Riser sessions (optional)
7:30am	Breakfast - Geneva Court Dining Hall
8:30am	Creative Jolt! - Geneva Court Dining Hall
9:00am	Final Mind U session
11:00am	Break
11:30am	Closing Kaleidoscopes
12:15pm	Lunch and Closing - Geneva Court Dining Hall

## Thursday, Friday, Saturday

7:00am	Early Riser sessions (optional)	
7:30am	Breakfast - Geneva Court Dining Hall	
8:30am	Creative Jolt! - Geneva Court Dining Hall	
9:00am	Mind U sessions	
10:15am	Break	
10:45am	Concurrent sessions	
12:15pm	Lunch - Geneva Court Dining Hall	
1:30pm	Concurrent sessions	
3:00pm	Open Space	
4:30pm	Yoga Snack (optional) - Court 16	
5:00pm	Kaleidoscopes — small group meetings to debrief your day	
6:15pm	Supper - Geneva Court Dining Hall	
7:30pm-ish	Evening Plenary: Friday Camino, Saturday Poster Session	
8:00pm	Night Flights (optional)	Pub - Campfire - Play!



# CENTENNIAL CENTRE



# Session Index

Biodanza (Harvey) <i>Sat 9:00pm</i>	The Good, the Bad, and the Funny (Cohen, Mitchell) <i>Thurs 1:30pm</i>	Simply Drawing (Ogino) <i>Thurs 10:45am</i>
Blurry Innovation (Le Marechal) <i>9:00am daily</i>	Grow   Transform   Emerge (Matic, Matic) <i>Fri 1:30pm</i>	Stay Sane (Hoffmann) <i>Fri 10:45am</i>
Boardroom Bushcraft (Zapf) <i>Fri 1:30pm</i>	Imperfect Pitch (Scott) <i>Thurs 10:45am</i>	STEM Skillz for Kids (Boxill)
Bouffon for Everyone (Agostinelli) <i>9:00am daily</i>	Inside Feminist Business (Mutch) <i>Fri 1:30pm</i>	Stimulocity (Kitchen, Segal) <i>Fri 10:45am</i>
Break the Pot? (Catullo, Hurson) <i>9:00am daily</i>	Know Thyself (Kazembe) <i>Fri 1:30pm</i>	Threads (Rudolf) <i>Thurs 9:00pm</i>
Charisma Analysis (von Reumont) <i>Sat 10:45am</i>	Learning from Labyrinths (Hyatt, Catullo) <i>Sat 10:45am</i>	Wabi-Sabi Boot Camp (Nielsen, Hutting) <i>Sat 10:45am</i>
Co-Becoming Arising (Dobinson, Dixon) <i>Thurs 10:45am</i>	Leveraging Conflict (Switalski, Barbero Switalski) <i>9:00am daily</i>	The Wabi-Sabi Brain (Hurwitz) <i>Thurs 1:30pm</i>
The Convergence Challenge (Mamnoon, Barbero Switalski) <i>Fri 10:45am</i>	Make Some Trouble (Auerbach) <i>9:00am daily</i>	Wabi-Sabi Conversation (Eaton, Middleton) <i>Fri 9:00pm</i>
Creativity Beyond "A-ha!" (Bigonesse, Tagye) <i>9:00am daily</i>	The Mind/Character Split (Essex) <i>Thurs 10:45am</i>	Wabi-Sabi Photography (Vicksta) <i>9:00am daily</i>
Creativity X-Press (Hairston, Tejada) <i>Wed 8:00pm</i>	Mirror, Mirror (Sedgwick) <i>Wed 8:00pm</i>	Wabi-Sabi Poutine (Faytre) <i>Thurs 1:30pm</i>
Cryptocurrencies (McAnanama) <i>Fri 1:30pm</i>	Morning Yoga (Wong, Middleton) <i>7:00am daily</i>	We Tube (Ridge) <i>Sat 10:45am</i>
Deep Listening (Groncki) <i>Thurs 1:30pm</i>	The Museum of Me (Baxter) <i>Thurs 1:30pm</i>	Word Up! (Nichols, Kitchen) <i>Thurs 1:30pm</i>
Dialogues with the Erotic (Isaac, Read) <i>Sat 10:45am</i>	Objects of Genius (Brasseur) <i>Thurs 10:45am</i>	Writing Freely (Hurson) <i>7:00am daily</i>
Disorganizing by Design (McGrath) <i>Sat 10:45am</i>	Out-of-the-Box Persona (Zarina) <i>Wed 8:00pm</i>	Writing the Vignette (Tokarczyk) <i>Fri 10:45am</i>
Elements of Creativity (Childers) <i>Fri 10:45am</i>	Pages to Color (White) <i>Fri 1:30pm</i>	Yes, And ... No, But (Halliwell, Fleming) <i>Thurs 10:45am</i>
Embodying Failure (Christensen, Aquilanti) <i>Sat 10:45am</i>	Plant a Flourishing Business (Poinset) <i>Fri 10:45am</i>	Yoga Snack (Wong) <i>4:30pm daily</i>
Flower-up Your Process! (Eisenchteter) <i>Wed 8:00pm</i>	Play with Ambiguity (Elster) <i>Wed 8:00pm</i>	Your Magical Journey (Baum) <i>Wed 8:00pm</i>
Friends of Bill (AA Meeting) (Mindcamp) <i>Fri 9:00pm</i>	Preach it! (Cole) <i>Fri 10:45am</i>	
Game On! (Fisher) <i>Thurs 1:30pm</i>	Raising Individual Resilience (Jann, Kovary) <i>Fri 1:30pm</i>	
Glimpses (Sturner) <i>Fri 10:45am</i>	Restore (Muñoz) <i>Fri 1:30pm</i>	
	Shower Thinking (Dus, Peterson) <i>Thurs 10:45am</i>	

## MIND U: DAILY 9:00AM

### Blurry Innovation: Sketching radical change

*Edouard Le Marechal*  
*Court 4*

Disruption is all about upheaval. It raises a mix of enthusiasm and fear. Often our first reflex is to plunge into deterministic, rigorous processes that we hope will ease our discomfort. To do so, we first get the innovative idea, then we see how it will be valuable, then how to present it and, lastly, how to launch it.

And eventually... we fail. Our internal obsession with perfection kills our ability to change the game.

Blurry innovation is about seeing the big picture, understanding how to sketch it as a whole and thus make it consistent, relevant and unpredictably valuable. In this program you will learn how to: imagine the ramp-up of an innovation project you have not yet defined, build your creed without even knowing what it is about, and even build a business model without conventional metrics.

### Bouffon for Everyone: Let go and transform

*Massimo Agostinelli*  
*Centennial Auditorium*

Bouffon is for everyone, performers, non-artists and anyone who wants to break through barriers of any kind. This is a unique chance for a life-lasting experience that you will cherish forever. If you want or need to shake up your world or wake up and do it in the most fun way you can imagine... this should do the trick!

Explore and develop your mental and physical range through *jeu* (theatre games) simple improvisations and Bouffon performance skills, Bouffon character development, ensemble creativity, and sore abs (from laughter).

Master teacher Massimo Agostinelli will put you quickly at ease to break through your barriers. This experience will empower participants with positive and life-lasting results.

### Break the Pot?

*Matteo Catullo, Tim Hurson*  
*Daniel Centre*

What is the difference between the DNA of a Bonsai oak that rises barely 10 inches from its soil and that of a natural oak that soars 100 feet or more?

Nothing. Their seeds are the same. One has a pot, the other not. The Bonsai is delicate, yet constrained, the forest oak powerful, yet unprotected.

Where does beauty lie? In careful curation or courageous confidence? Where does compassion lie? In embrace or release? The Bonsai is tended, admired, safe—and tamed. The forest oak is wild, powerful, vulnerable—and free.

Join Matteo and Tim as we imagine what it might mean to break the pots that contain us.

### Creativity Beyond "A-ha!"

*Dan Bigonesse, Katie Tagye*  
*Centennial 15*

How do promising athletes, musicians, scientists, and just plain folks get to be exceptional? They probably start with natural talent, but talent alone isn't enough. They're also probably disciplined about practicing, but even 10,000 hours isn't enough—by itself. Time and talent are necessary—but not sufficient.

To be truly exceptional, you need tools and structures that extend your natural abilities. You'd have a hard time banging a nail into a board without a hammer. The hammer is a simple tool that makes your swing more powerful. It's the same with creativity. You need to harness your natural talent, but to get good—really good—you'll also need tools and structures that can help you think more powerfully.

In this program we'll use a structure called the Four P's to explore personal approaches to creativity; discover and practice mindsets that support creative processes; identify methods of fostering more creative environments, and uncover what makes a product creative.

Join us in this journey of moving from just "ah ha" to a practice of becoming a more structured problem solver, facilitator, or leader.

## **Leveraging Conflict: How to embrace the opposite**

*Tim Switalski, Laura Barbero Switalski*

*Court 6*

When it comes to conflict, many of us want to be somewhere else. We fear that we will lose our temper, that things might get ugly, or that we may damage a close relationship. It doesn't have to be that way. We can use what we know from the fields of Emotional Intelligence and Polarity Management to raise our awareness and improve our management of conflict situations.

In this Mind U program, we will look at conflict from several different perspectives: intrapersonal and interpersonal. We'll examine what our most frequent responses to conflict are and explore how we can expand our response repertoire to more effectively resolve conflict. We will also have an opportunity to apply creative thinking to work on some of our most difficult unresolved conflicts. Join us for this experience and you'll feel more prepared to successfully face the conflicts in your life.

## **Make Some Trouble: Since nothing is perfect and we've known this for at least six thousand years**

*Michelle Auerbach*

*Court 16*

Starting with the ancient Sanskrit knowledge about making a rich and sweet life through your own creativity and moving through Emotional Intelligence and storytelling to research on brain science of all kinds, we will look at how to use our lives to create more of the good stuff even when the stuff we have is broken. We will do practices from all over to enhance creativity, develop the storytelling skill, and explore Emotional Intelligence.

We will make extra pieces, find missing pieces, and create something beautiful out of the imperfection.

This will be a living lab where we try stuff out and then talk about if, how, and why it worked. You will leave each session feeling pretty rad about integrating all this practice into making the best kind of trouble out in the world.

## **Wabi-Sabi Photography: Perfectly imperfect**

*Mary Ellyn Vicksta*

*Court 5*

This workshop begins by looking at the work of photographers whose work exhibits wabi-sabi principles. On day two, we experience image-taking, using any kind of image capture device that will allow us to take photos. We will call upon various contemplative photography approaches that involve multisensory preparatory exercises as well as tips on how to capture photos that strive for the "perfectly imperfect"

On day three we share our photo-taking experiences and our images. In order to reflect on the "perfectly imperfect" we will also examine an approach and a contemplation kit that can help each of us in our quest for the "perfectly imperfect". Then finally, on the last day, we share our work and our insights with the entire group, with a spirit of acceptance and appreciation for what was realized during our time together.

## **OTHER DAILY SESSIONS**

### **Morning Yoga: Daily dose of Vitamin "Y"**

*Brad Wong, Allie Middleton*

*Daily at 7am; Court 16*

Join this energizing morning yoga session to get the body and mind flowing. We'll gently stretch and strengthen both your muscles and your mind. No experience or toe-touching flexibility required! Our practice will be adapted to suit people of all levels.

### **Yoga Snack: A 15-minute yoga quickie!**

*Brad Wong*

*Daily at 4:30pm; Court 16*

Try out this easy total body energizing routine.

### **Writing Freely**

*Tim Hurson*

*Daily at 7am; Court 5*

Maybe you like to write, or you want to write more. Perhaps you feel the need to reflect on all the things that you're experiencing at Mindcamp, to collect them and make sense of them. Or you just want to explore your creative potential using words and language.

These are all good reasons to join us mornings for random free-writing. We'll use prompts and images and writing exercises to unleash the words in you. No need to attend every time, just drop in whenever you feel the urge to write..

## **Kaleidoscope Groups**

### **Debriefing your Mindcamp experience**

*Thurs-Sat at 5:00pm; Sunday at 11:30am*

We all know that what you learn from an experience doesn't end when the experience is over. In fact, most of your learning takes place after the experience, when you discover the connections between what you've learned and what you already know — between who you are and what you might become.

So here's an opportunity to share what you've learned, thought, felt, and wondered about your Mindcamp experiences. We do this through small, facilitated groups called Kaleidoscopes. Each group will be hosted by an experienced facilitator who will ensure a safe, open environment in which you can explore your thoughts and feelings, unpack your learnings, and begin integrating what you've been exposed to.

## **Night Flights**

*Nightly 9:00pm • Everywhere*

Every year, all Mindcampers have the opportunity to offer something we call Night Flights. These are workshops that are held after the normally scheduled sessions. Here is how it works:

People who want to present fill out a form that says what the session is about, how long it will be, and which night it will be.

Then we post the sheet publicly for everyone to see. People who are interested sign up on the sheet. We then assign a room appropriate to the number of people who have indicated they want to come.

## **FIRST NIGHT: WEDNESDAY 8:00PM**

### **Creativity X-Press: Key attitudes, principles, and tools**

*Latise Hairston, Jocelyn Tejeda*  
*Centennial 15*

This highly engaging workshop is designed for new Mindcampers and others who are new to creative problem solving. It's designed to jump start your Mindcamp experience with both core concepts and key insights. Creativity X-Press will help you get the most and make the most out of the other Mindcamp sessions you attend.

Everyone is creative. It's part of the human condition. Unleash your creativity and put it to work productively with new ways of thinking and working together. This energetic, interactive session will help you think more clearly, more creatively and more productively to unlock the wealth of ideas already inside you.

### **Flower-up Your Process! Warning, this session is experimental.**

*Alexandre Eisenchteter*  
*Court 6*

Based on Alexandre's 18 years of experience playing with different methodologies (CPS, 6 Sigma, Agile, Design Thinking and recently Appreciative Inquiry), Flower Process is an attempt to give you a new perspective on the methodologies you use everyday and to improve your practice of designing collaborative sessions.

Flower Process will put reflection & incubation at the center of your practice and rely on 3 other important principles — adaptation, iteration and divergent/convergence.

After presenting the process, its visual representation, the mechanism and the underlying principles, we will play with the Flower Process Board game: a new tool to help you design CPS sessions that respect the principles of the Flower Process.

## **Mirror, Mirror: Feedback for creativity and change**

*John Sedgwick*

*Centennial 13*

This session will explore feedback from several angles. Anything that operates in a dynamic and open environment, and hopes to stay alive and grow, needs a reliable source of feedback. Whether you are looking at a large company or the relationship with your teenager, you will want a strong, active, creative feedback mechanism. Living systems, either man-made or from the natural world, require that two questions are continually asked: "How am I doing?" and "Can I do better?".

The process we will use, and equip you to use when you leave here, will be very Wabi Sabi, i.e., simple, natural, and effective. When designed into your systems, the techniques you will discover in this 90 minute session will become a major component in building strong organizations and honest relationships.

So, how do you tell your boss, (friend, neighbour, sister etc.) that you are seeing the situation differently?

## **Out-of-the-Box Persona: Crack your personality shell to build better relationships**

*Julia Zarina*

*Court 16*

Have you ever done any personality tests? How have they helped you in your career and life? Most people believe that personality is one thing that almost never changes. Has that been true in your life experience?

In this session, Julia will walk you through some of the most common personality assessment tools and show you how to use them for your own benefit and growth as well as for connecting better with people around you.

If you ever felt as though personality tests leave you feeling like you've been put in a box – you will leave this workshop with a new perspective and an empowering tool that can help you improve an area of your life you may feel stuck in.

## **Play with Ambiguity: How might PLAY make more of our potential when facing complexity and uncertainty?**

*Katrin Elster*

*Court 5*

We live in a complex, uncertain world where we often face "wicked" problems for which there are no precedents or "correct" answers. The creativity of play allows us to embrace ambiguity and be open to surprising possibilities, but is usually lost as we grow older. We play less and take situations more seriously.

With the power of play we are more able to access our creativity, let go of judgment and old paradigms to finally discover new worlds. Playing with ideas, visions, and situations in a risk-free and enjoyable way enables us to find new meaning and opportunities we can take back to our serious and complex world.

Discover the fun in ambiguity and join us for a hands-on play adventure!

## **Your Magical Journey: Experiencing the art and practice of magic**

*Bruce Baum*

*Court 4*

Magic, compared to many disciplines, well-illustrates the concept of wabi-sabi. It can be a never-ending search toward improvement and perfection. Unfortunately, that search ended Houdini's life prematurely.

It is doubtful that Chris Angel, David Copperfield or David Blaine ever feel they have nothing more to learn in the field of magic. And so it will be as you start your journey into an interesting and challenging endeavor:

The session will be structured to ensure your success so you can see that you can amaze people with relatively little effort while beginning your amazing journey.

**THURSDAY 9:00AM**

## **Mind U Sessions**

*Each morning at 9:00am is Mind U, described at the beginning of this section.*

**THURSDAY 10:45AM****Co-Becoming Arising: Designing spaces for deep change and transformation***Nicole Dobinson, Erin Dixon**Court 16*

How do we create spaces that naturally give rise to the spirit of co-becoming and invite participants into spaces of deep change? Through an experiential and highly reflective process that engages and reorients the senses, we'll explore the alchemy of transformative change and the larger field of possibility that comes from awakening the spirit of place.

Grounded in the natural world and drawing from Indigenous knowledge and our ancestral lineages, aspects of ceremony and rites of passage will weave this session together to generate new insights and ways of being, to walk back out into your world.

**Imperfect Pitch: How to tell your business story***Peter Scott**Centennial 8*

Stories are compelling. We instantly begin paying attention when a story grabs us. But stories don't always have to be fictional. Your business idea is a story. And the better you learn to tell it, the more effective you can be.

Using an experiential approach, this session will help anyone, including emerging entrepreneurs, to pitch their business idea with ease—almost like telling a personal story to a friend or a family member.

You will leave with practical storytelling tools and techniques including a step-by-step structure for organizing your business idea, the power of poetry and rhythm in conveying what might otherwise be dry data, and the secret of deep listening to determine when your story is working and when you need to change course.

You will tap into creativity you never knew you had by re-examining your idea, recreating it as a short story, and presenting it to the group. don't be scared. It'll be fun.

**The Mind/Character Split ... & how to use it to transform your life***Deron Essex**Centennial 13*

Do you want to up level your life in all areas but feel like something is holding the back of your heels? What is holding you back is YOU, and the character you have built yourself to be. We were trained to believe that our character or our perceived self is something when it is not. It is only us clinging on to beliefs, and stories of the past that your family and friends hold about you. This has gotten so distorted that your perceived "self" has reversed the roles and is pulling the strings.

Join me on a journey where I will teach you how to break your current paradigm and reverse the roles back to their signal order; where your mind gives the command, and your self follows it accurately. I will also teach you how to pin your character down and define it in order to transcend your current character and reinvent yourself into who you want to be. Finally, I will teach you how to unlock this inner freedom to become whoever you want to be.

**Objects of Genius: Unleash creative genius with an apple and a chair***Philippe Brasseur**Court 4*

The Belgian painter René Magritte represented a simple apple in an extraordinary way. Like him, how might teachers or parents (and facilitators!) stimulate extraordinary skills by using ordinary objects? And what would other famous geniuses suggest if they had to 'teach' creativity with... an apple and a chair? This playful workshop invites participants to experiment with everyday objects like some major geniuses would.

We will conclude with a comprehensive vision of "creative education". Creative geniuses embody the four basic skills that should be central in every learning: curiosity – imagination – critical sense – willpower. We will see how to build a workshop or lesson by following these four steps; and how to formulate stimulating challenges in the simplest way, by combining freedom and constraint. Participants will receive a small handbook plus a summary of the theory of creativity and pedagogy, and a PDF set of posters.

## **Shower Thinking: An Introduction to the art, science, and process of incubation**

*Clare Dus, Kristen Peterson*

*Court 6*

We have all experienced sudden Ah-Ha's or insights that happen when we're not actively working on a problem. We can be driving, exercising, or, as many people report, taking a shower. Flashes of insights and ideas come at unexpected times because of a mental process known as incubation. When we move our conscious mind away from a problem or challenge, we free our subconscious mind to incubate on the problem, not unlike a computer routine running in the background.

In this session, we'll explore the art, science and process of deliberate incubation by diving into the tools and concepts related to the imperfect art of Incubation. You'll experience excursions designed to allow your unconscious to do the heavy lifting while you play, discover, explore and wander. You will also begin to develop your own incubation tool kit to pull out when you need it, whether you are working by yourself or with others. Join us and stretch your capacity to incite insight.

## **Simply Drawing**

*Kaz Ogino*

*Court 5*

Hearing the music moves the line.  
Feeling the music brings out the colour.  
Seeing the music shapes the form.

A portrait of creation at play.

Whether you make art now or not, it makes no difference. If you enjoy music and can make marks on a piece of paper, you can simply draw.

## **Yes, And ... No, But**

*Janeen Halliwell, Paul Fleming*

*Centennial 15*

Ah, isn't the life of the creative collaborator great? Walking around in perfect harmony, the love abounds all thanks to those simple two words that we hum as our mantra, "Yes, and...!"

But wait a minute. Some of the best moments of growth have come from the times when we have had to deal with "that person" across the room who has just "No but-ted" our best idea and offered up the stupidest thing (eye roll) we've ever heard.

On the bright side, some of the best partnerships (personal and professional) are those where we start in opposite corners and figure out a way — quite often a better and more interesting way — to solve our challenge, pitch our product, or move forward with a new idea. Disagreement and conflict can be key elements that invite light into our lives.

In this session we will explore how the perfect imperfection of wabi-sabi includes a healthy dose of push and pull and having to work through it.

## **THURSDAY 1:30PM**

## **Biodanza... or wabi dancing**

*Sophie Harvey*

*Centennial 15*

In primitive times, dancing was a means to express emotion, strengthen community or pay tribute to gods and nature. It was a genuine way to experience life. Today, dancing is often reduced (yes, reduced!) to an art, a formal representation bound by choreographic rules and aesthetic considerations. At the same time, our modern quest for perfection has influenced how we think about dancing, and many of us have lost the connection to our essence as beings-in-movement.

This is what Biodanza is about: restoring our connection to natural movements that embody authenticity and meaning through uninhibited, playful dance. This Biodanza session invites you to experiment with joyful exercises and carefully selected pieces of music. Music, human interactions and communication are the key to allowing authentic movement and heartfelt emotion to happen, providing the experience of feeling alive in the here-and-now. Biodanza may surprise you as a highly liberating activity and a deeply transformative practice.

Dancing skills are not necessary. But comfortable clothing is.

## Deep Listening: Sonic awareness meditation

*Paul Groncki*

*Court 16*

"Deep Listening" is a practice developed by composer and groundbreaking musician Pauline Oliveros (1932-2016). Deep listening is designed to improve your sonic awareness with the potential to increase creativity, connect to your environment, enhance openness and compassion, and expand overall consciousness of being to bring about new perspectives, perceptions, and ways of living.

We will explore several deep listening meditation techniques, including "The Tuning Meditation" and "The Heart Chant." Through these techniques practitioners can open their field of hearing to listen without hierarchies, experience a deeper connection to the environment, and observe sound as a complex and multi-dimensional experience.

## Game On!

*Sharon Fisher*

*Centennial 8*

Smart designers know that games and activities can involve adults in learning and connecting like no other method. The exponential growth in on-line games and game meet-ups shows how much we're into games. Combine that with research that demonstrates the power of games to engage attendees, impact learning and retention, spark creative juices and build teams and community – and you've got a rulebook for success.

But how do you create games that are relevant, participatory, content-rich, and most of all – work? Come learn the fundamentals of designing games – that can be played with or without technology – and will work for you and your attendees. Prepare to get YOUR game on!

## The Good, the Bad, and the Funny: Celebrating perfect imperfection

*Alison Cohen, Megan Mitchell*

*Court 5*

A fun, participative and creative session to celebrate the imperfections that make each one of us unique, by recognizing the the Good, the Bad, and the Funny experiences in our lives.

You are invited to create your own timeline (while enjoying top hits from different eras), and through a guided process, to recognize key people/experiences that make you truly unique. We will then provide a framework for you to embrace and celebrate your imperfections and to identify key elements that bring contentment.

This session is for those who see the Good, the Bad, and the Funny as opportunities for self discovery based on the tenets of wabi-sabi — imperfection, simplicity, appreciation, compassion and celebration.

## The Museum of Me

*Lisa Baxter*

*Court 4*

Museums are places filled with treasured objects, consciously curated and carefully presented to inspire, connect and engage. In some ways, we are all like a museum — a 'Museum of Me' — mindfully curating our own life choices in the process of becoming who we are; the books we read, the places we go, the things we do. But how authentic are these Museums of Me? To what extent are they, like many of the Museums I work with, stuck in a rut?

I've been pondering on how I might persuade Museums to re-imagine how they present and share their stories in more human, more imaginative ways. Then I got to thinking, might we all benefit from a little un-thinking in the way we present and share our stories? Might we then reveal our deeper authentic selves, surfacing the undiscovered treasures that lie therein?

The Museum of Me is an experiment in radical self-curation that might throw fresh light onto what is possible. Although this is a 90-minute session, there will be an optional second session for those who want to do further work on their own Museum of Me.

## **Wabi-Sabi Poutine: Can interculturality be a part of the challenge?**

*Jerome Faytre*  
*Centennial 13*

Humans are social beings and love to communicate. We need to understand the other's point of view, but how can we do that if we all see the world through our own custom-made glasses? Our lenses are unique, ground and polished by our education, our culture, our language, our experiences. Often we assume that the "other" sees and feels the world just as we do. But how can that be if our lenses, are so different?

When you travel to new places, it's easy to appreciate that it's you who is the stranger, and not the native. Why is it so much harder to see this truth when we are in meetings on our home turf, in the office, or even at home?

During this session, we will explore the influences that culture and language can have on our perceptions, behaviours, and creativity. We will ask you to participate fully, and as we play with images and words — so bring your pencils and your sense of humour.

## **Word Up! Clear language that inspires**

*Emily Nichols, Lee Kitchen*  
*Court 6*

Ever read a lifeless cover letter, a proposal full of jargon, or a boring bio? Ever written one?

We get it. You're dying to sound like a human being, but your voice is drowning in all the corporate babble and creativit-ese.

Lee & Emily to the rescue. No, we will not teach you proper English. We just want to keep your audience awake with clear language that inspires.

Bring your best conference bio, session description, or landing page copy. If you can handle a little tough love, you may walk away with the most human writing you've ever done.

## **THURSDAY 8:00PM**

### **Pages to Color**

*Emily White*  
*Court 5*

Experience coloring as a way to reflect on your state of being and to practice mindfulness.

We will color through a series of activities, developing boundaries and breaking down assumptions along the way.

### **Stimulocity: Using expressive arts as stimulus for creation**

*Lee Kitchen, Terri Segal*  
*Court 16*

In creative problem solving, using both internal and external stimuli is essential to help keep your brain fresh and your output inspired. In this workshop we will use The Expressive Arts (i.e. drumming & percussion, movement, free writing and visual art) to inspire you to AWESOMENESS!

Emphasis will be placed on the process of art-making rather than on a final end product. It is the raw, unpolished images, sounds, & words that we create, the 'goof ups' and mix ups that we encounter as we play and explore with various arts modalities that when coupled with CPS tools, will propel us forward with fresh ideas, new perspectives and inspiration — that will eventually lead to a Masterpiece!

No previous art or music making experience is necessary.

### **Threads: An intuitive game that reveals our connections with self, others and universal energy**

*Karen Rudolf*  
*Court 5*

Participate in a powerful communication and relationship-building process using a new tool that brings people together to deep levels of connection. It's fun...in fact, it's a game!

While playing this amazing game you will brainstorm with others and engage in mutual support. You and your fellow players will walk away with a clearer perspective of what you wish to obtain for yourself in this moment through this highly visual, contextual tool.

## **The Wabi-Sabi Brain: Or how to love the perfectly imperfect mind**

*Marc Hurwitz*

*Centennial 15*

This session is a redux, compilation and extension of previous sessions I've done on neuroscience and the brain. This time, we'll also delve into the latest research on mindfulness, trust, workplace, senses, sense-making, creativity, convergence, and more. It's the session that separates the neuromyth from the neurofact from the perspective of a neuroscientist.

We'll explore how to activate all the senses (not just the 5 Aristotelian ones), come up with ideas on what to do with real research from neuroscience, and heartily lampoon as many myths as we can uncover. For example, can neuroscience predict your leadership style? Is dopamine the love drug? What do we actually know about the effects of meditation and mindfulness on your brain? How can you stimulate deeper learning? What brain tricks can you use to influence people more effectively?

## **Night Flights**

*Night Flights are the impromptu sessions described at the beginning of this section.*

## **FRIDAY 9:00AM**

### **Mind U Sessions**

*Each morning at 9:00am is Mind U, described at the beginning of this section.*

## **FRIDAY 10:45AM**

### **The Convergence Challenge: Navigating the emotional potholes of decision-making**

*Ismet Mamnoon, Laura Barbero Switalski*

*Centennial 15*

Let's face it: convergence is hard! As facilitators we often find that our groups tend to flounder, lose energy, and sometimes leave their best ideas behind as they move through convergence.

We will explore why that happens, with a particular focus on the emotions around decision-making. If overlooked, these emotions can lead to group think, failure to secure buy-in, lack of novelty and wasted effort. If we can recognize, honor and leverage these emotions, we may truly be able to harness the power of divergent and convergent thinking.

In this exploratory workshop, we will unpack the challenges involved in decision making during this crucial stage of creative thinking. We will invite participants to share their experiences and the tools they use. We will offer some techniques that might help and invite participants to co-create new approaches that may meet the needs we identify in the workshop.

### **Elements of Creativity: Tapping into natural elements to inspire our creative selves**

*Susannah Childers*

*Court 4*

In this workshop you will discover (or re-discover) the Elements of Earth, Air, Water and Fire and how these are essential to your creativity. By increasing your awareness of your unique Elemental Creative skills you can choose where you need to focus to build on your strengths and to balance your creative energies across the elements.

This highly interactive session will increase your capability to tap into your elemental creativity – and see how you can inspire others to do the same. Oh! And also have fun in this creative and playful session!

All ages welcome as we think, wander in nature, create art and reflect on creativity. There will be painting, card pulling and story telling, plus more!

## Glimpses: Exploring deeper realities

*William Sturmer*

*Court 16*

We will affirm those dazzling experiences that stir us to the core, that evoke tears, elation and a sense of a deeper-larger reality. Such happenings are difficult to describe for they tend to be both overwhelming and mysterious. Whether invoked by a child's giggle, a wedding, or a dazzling sunset, we suddenly experience life through a new and expansive prism — inspiring, creative, even sacred.

We will apply the insights of Carl Jung and Roberto Assagioli as we share our experiences through drawings, movement, music, and clay.

## Plant a Flourishing Business

*Ian Poinset*

*Centennial 13*

In 2008, PhD candidate Alexander Osterwalder revolutionized the entrepreneurial world with his concept of the Business Model Canvas. The BMC took what used to be pages of difficult-to-understand business strategy and presented it in a one-page visual format—an easy-to-understand chart describing the nine key elements in almost any business, from existing businesses to startups.

Brilliant as it was, however, the BMC was designed for conventional businesses. It did not take into account businesses designed to create positive social and environmental impact, as well as financial sustainability.

Enter the Flourishing Business Canvas. Created by Anthony Upward and a team from Toronto's OCAD University, the FBC is a toolset that supports entrepreneurs in creating organizations that are socially beneficial, environmentally regenerative, and financially viable. Wow!

## Preach it!: Applying the primal wisdom of preaching and storytelling to your presentations and talks

*Allan Cole*

*Court 6*

TED talks, successful presentations, and good sermons are all about eighteen minutes long. What could you do with eighteen minutes and your own expertise?

Nothing about public speaking is ever perfect, and the imperfection is the draw for the audience. Bring your excitement and knowledge and learn the secrets of captivating communication from a preacher and southern storyteller who does this 52 weeks a year.

If you ever wondered how people like Dr. Martin Luther King and Brene Brown get up there and talk like that, this is your chance to find out that you are creative and talented enough to do it, too. Ride the tension between discipline and openness when you speak and the sparks from forced connection. You will leave this session able to talk about your area of expertise, in front of people, with no notes and captivate them. You will really enjoy the process and it will show.

## Stay Sane (in an insane world)

*Jens Hoffmann*

*Court 5*

Globalization, the gig economy, the dawning age of the machine — most of us feel overwhelmed by ever faster changing times. Despite the popular recipes — think positive, optimize yourself, care for yourself — most are still struggling. In moments of truth, most people describe themselves as exhausted, anxious and out of control.

Instead of looking for external acceptance and salvation, the alternative solution is in ourselves. The more than 2,000-year-old school of philosophic practice of the Stoics helped its disciples to live and thrive during the most tumultuous times of history. Seneca, Epictetus and Marcus Aurelius — these exceptional thinkers forged their philosophy in practice to survive the pressures of their times to stay human and just. We will transfer this timeless wisdom directly to our life by practicing their exercises to create inner stability, building and serving communities and growing as human beings.

## Writing the Vignette: A first step in memoir writing

*Michelle Tokarczyk*

*Centennial 8*

Many of us have had experiences we want to write about, but don't know where to begin. The prospect of writing a long essay can be overwhelming.

In this session we will learn how to write short prose pieces called vignettes. We will look at some published work as models for our writing. In preparation for sharing our work, we'll talk about how to give and receive constructive feedback. Participants will then draft vignettes and share them in small groups. Each participant will get positive comments on his or her work, as well as suggestions for development.

At the end of the session each writer will read aloud one of his or her pieces. No writing experience is needed — enthusiasm is all that's required.

## FRIDAY 1:30PM

## Boardroom Bushcraft: How to thrive in any environment

*Peter Zapf*

*Meet in Hub*

Boardroom Bushcraft is a unique outdoor workshop that combines brief content presentations with plenty of hands-on field work,, more aptly called dirt time.

Boardrooms are spaces where leaders and advisors pool an organization's best thinking to overcome challenges and discover opportunities. The difference between merely surviving or thriving often lies in the quality and creativity of the decisions made here.

Bushcraft provides the mindset, toolset, and skill set to thrive in even the harshest natural conditions. Participants will learn practical bush crafting skills that inspire new thinking while teaching meaningful and helpful lessons for daily life.

Whether you are a leader, manager, or team member, Boardroom Bushcraft will re-connect you to the natural world and teach valuable lessons in the process.

## Cryptocurrencies: Playing with the chain of trust

*James McAnanama*

*Court 5*

Anonymous yet transparent.

Lawless yet immutable.

Secure yet vulnerable.

In this session we will explore and experiment with the future of money, contracts, and trust. Participants should bring a phone, tablet, or computer.

There might be cookies.

## Grow | Transform | Emerge

*Ana Matic, Goran Matic*

*Court 6*

Do you have a project or personal goal that you would like to emerge into the world? Have you tried to do it — only to get stuck feeling the pressure and difficulty of change?

Journey with us to leverage the principles of wabi sabi impermanence as fuel for transformation and innovation. We will introduce tools and patterns for success, including the Panarchy model, to enable you to dance with change, create transformation opportunities, relax through growth and increase resilience. Add to your success toolbox — and have fun with the ride!

Join us in exploring the wabi-sabi tools for managing innovation and transformation.

## Inside Feminist Business: Welcome to the world of entrepreneurial feminism

*Petra Mutch*

*Centennial 13*

Entrepreneurial feminism can and does drive gender equity in economic, political and social realms. Feminist business practice goes beyond conventional corporate diversity-and-inclusion talking points. It redefines everything about how business is done through a feminist-values lens, designing alternative ways to create sustainable ventures. Entrepreneurial feminists create wealth and social change, based on feminist values such as agency, interdependence, and generosity.

In this session, we'll discuss the growing entrepreneurial feminist community, what feminist business practice looks like in action, and how the feminist business model canvas can help. If you are a feminist (of *any* gender) and have been wondering how to apply your values at work or in the design of a new venture, this session will provide you with a set of practical tools to help you get there.

### **Know Thyself: The wabi-sabi of awakening**

*Courtney Kazembe*

*Court 16*

The ancient mystics have all stated that humans as we know ourselves are asleep. The Buddha was known as the awakened one. What if we live only a fraction of our potential? What if we are asleep? What if there is infinite power available to us right here right now? What if this existence is a school and there is a specific curriculum we have to learn before we get to move on? What if we are here to wake up?

This workshop is about waking up!

This workshop is an exploration of what it is to be human. It will be playful, interactive, engaging and fun.

### **Raising Individual Resilience: Adapting to change**

*Deborah Jann, Giselle Kovary*

*Court 4*

In today's world of constant change and pressures, we need a *wabi-sabi* world view where we accept transience and imperfection, and adapt through agility and flexibility of thought.

Research shows that high levels of resilience can deliver valuable outcomes such as faster recovery from setbacks, more useful responses to the challenge of uncertainty, improved ability to function in a constant state of flux. Resilience is not a fixed trait that is 'hard wired' into us. It is a way of thinking. Just like a muscle, we can practice and strengthen our thinking patterns, preferences, and behaviors. Over time, we can become stronger at accepting and overcoming challenges and adapting to change.

This workshop introduces an effective Resilience Model through the delivery of hands-on, experiential activities.

### **Restore: Repair an object, repair your soul**

*Leonardo Muñoz*

*Centennial 15*

When objects are damaged, the *wabi-sabi* aesthetic vision for repairing them is based on "the beauty of imperfection". So, the restoration highlights the repair as part of the new object.

In this workshop we will learn and apply restoration techniques to a real damaged piece, as a way to reflect on the role of damaged places in our life.

## **FRIDAY 7:30PM**

### **Camino**

**Let's go for a walk**

*Behind The Hub*

You're invited to enjoy a postprandial stroll with a "twist": creativity buskers. Previous encounters included: performances of all kinds (mostly interactive), a punk hair salon, ice cream, free hugs, karaoke stand, bubbles, ping pong.... and more. This year? You will have to see for yourself! This daily outing is an opportunity to pick up new ideas, have fun, and connect with the community in a relaxed series of chance encounters.

## **FRIDAY 9:00PM**

### **Friends of Bill (AA Meeting)**

*Kids' HQ (Lodge Lounge)*

If you would like to stop drinking, have concerns about your drinking, or simply would like to know more about AA, please join us for this open and frank discussion modeled on an AA meeting. The meeting will open with a reading of the "AA Preamble" and "How It Works" from the *Big Book*. A guest will then speak for 15-20 minutes about their experience, strength and hope; followed by voluntary sharing with a show of hands. Co-chaired by Michelle T. and Paul G.

### **Night Flights**

*Night Flights are the impromptu sessions described at the beginning of this section.*

**SATURDAY 9:00AM****Mind U Sessions**

*Each morning at 9:00am is Mind U, described at the beginning of this section.*

**SATURDAY 10:45AM & 1:30PM****Charisma Analysis: The fine art of authentic self-branding**

*Alexander von Reumont*

*Court 6*

Tom Peters once said “Branding is the only way to stand out from the competition”. This refers not only to your product or company but also to your personality. However people don’t see who you are, but rather what they anticipate about you. The way you present yourself influences that image. The more you create that image deliberately, the more you control the outcome of your success in your business and personal life.

In this highly interactive and experimental workshop we will dig deeper into your creative self and will discover the winning edge of your personality or company. As a result we will identify constructive ways to convey your story with conviction and authentic self-confidence.

**Dialogues with the Erotic**

*Alina Isaac, Colin Read*

*Court 4*

Quirky, unpredictable, unfathomable, linked with creativity, vitality, and emotional closeness, ‘the erotic’ is not separate from life’s dilemmas and vulnerabilities. It is multifaceted, complex, sometimes paradoxical, entwined with unique meanings for each one of us. Is sex just sex? Does erotic aliveness necessarily mean sexual activity? Can we learn about healthy eroticism from the problems and difficulties we face? Can there be lust alongside love, safety alongside adventure? We will engage in exercises to explore such questions.

This workshop is for people of all genders, any sexual orientation; un-partnered or partnered; sexually active or not; playful or reticent. It involves no sexual touch or explicit sexual material and is for personal awareness and growth, not for making sexual advances or questioning participants about their sex life.

**Disorganizing by Design: Shaking things up to do things differently**

*Jerrold McGrath*

*Court 5*

We have all experienced getting stuck in structures that make responding, learning, and participating hard. This program is for those interested in how we can shift how we show up with each other to do new things. In this session we will explore:

- Intervening in systems: Practices and approaches for changing how systems work
- Disorganizing by design: breaking up routines so that new things can happen
- Reorganizing from our values: redesigning structures that embody the values we want to see
- Properties of spaces: imagining them in new ways

Our systems are defined by a set of spoken and unspoken rules and assumptions. By pointing out these unspoken patterns, we can redesign the moments in which we come together to better reflect the world we want to see. This session will provide the structures and the discipline to do this in the systems we care about.

**Embodying Failure: Making sense of leadership through imperfection**

*Tamara Christensen, Jay Aquilanti*

*Centennial 13*

Our bodies are time travel machines. They hold the memories of every success and failure for future use. Let’s employ the system we have – our senses – to travel back in time and use those failures to improve our leadership skills: from empathy to prototyping to creativity.

By developing mindfulness and generative stories, we can create a reality that makes sense of the past, transforms the present, and writes the future. According to interpersonal neurobiologists, the ability to turn our experiences into myths that teach us how to live is the number one predictor of future success.

We will walk out the door with new perspective on our gifts as leaders, giving permission to the people we lead to fail, because, as Truman Capote said, “Failure is the condiment that gives success its flavor.”

## Learning from Labyrinths

*Anthony Hyatt, Matteo Catullo*  
*Centennial Auditorium*

It is widely known that labyrinths are places for contemplative journeys and meditation. They also are powerful tools for the facilitation of creative transformation.

Our friend and colleague Joe Miguez spent the last decades of his life working with and sharing labyrinth experiences around the world. He focused on the architectural principles of “the lab” to design accessible labyrinth-based creativity tools.

Working with those tools, we will open our awareness and explore the spaces where ideas emerge. By developing *attention*, we will cultivate self-discovery and action-producing *intention*.

To quote Joe, we will “slow down so that we can go faster”.

## Wabi-Sabi Boot Camp: How to make connections others don't

*Dorte Nielsen, Marjolein Hutting*  
*Court 16*

Get on your feet, to think on your feet! Welcome to our Boot Camp. This is for people who are familiar with creative thinking and feel that it's time to stretch and use your whole body to make you a stronger creative thinker.

In this workout we will train your association muscle, your ability to make mistakes, and to see connections others don't. We will break through structures and definitely not play by the rules. We will seek danger and find the bravest version of ourselves.

Working with the principles of wabi-sabi, you will explore the crack in everything — the place that allows “our story” to get in. You will take yourself out of your comfort zone, then add some improv theatre techniques and verbal and visual exercises. We will work hard, and we will play hard!

## We Tube: Creating story through video

*Jim Ridge*  
*Centennial 15*

Really powerful teams are super visual thinkers, communicators and story tellers. They relentlessly travel across the visual storytelling landscape, creating both real and virtual artifacts of their journey, ranging from sketches, drawings, digital images and in some cases all the way to prototypes. But in our on-line world things are accelerating at hyper speed towards a new destination.

In this powerful session we'll cross this visual story telling landscape and see how it all fits together, arriving at this new destination — the land of “WeTube”, a place where teams explore telling their stories with video. With nothing more than your cell phone you'll create short video clips using the fundamental video techniques of lighting, sound and, yes, even editing. We'll also look at story structure and what makes good content for videos.

## SATURDAY EVENING

### Poster Session

*Saturday 7:30pm • The Hub*

A chance to showcase what you've done over the past year — creative projects, academic pursuits or businesses developments (think academic conference, but more, um ... rustic and creative).

### Dance! Dance! Dance!

*Saturday 8:30pm • The Hub*

Starting with tango (with instruction), Mindcamp's annual Dance Night will progress into a wild disco freakout! Tango led by Nicole Dobinson, freakout led by Lee Kitchen.

### Night Flights

*Night Flights at 9:00pm, the impromptu sessions described at the beginning of this section.*

## SUNDAY 9:00AM

### Mind U Sessions

*Each morning at 9:00am is Mind U, described at the beginning of this section.*

